
The Senior Times

A Publication of the Historic Triangle Senior Center

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Summer, 2011

What's next for the Senior Center?

To say the least, April was a challenging month for HTSC. On March 30, 2011, we were informed by James City County that the proposed 2012 budget did not include any funding for the Senior Center. In addition, we were notified that we would no longer have exclusive use of the Senior Lounge. This was very distressing news for everyone. But our members and supporters rallied and due to the passionate pleas made to the Board of Supervisors on April 12, both of these decisions were reversed. The funding has been restored and the Senior Lounge remains intact!

So after the collective sigh of relief, what is next for the Senior Center? The James City County funding was an important part of our budget but unfortunately, we are still very much in need of additional financial support. All levels of funding dropped in the last fiscal year (except for rain barrel sales!) and the 2011-12 budget is set to be our slimmest yet.

As a result, we are embarking on a grass roots fundraising effort and it starts with YOU—our friends and advocates of the Senior Center. Enclosed in this newsletter is a donation envelope and our sincerest request for any support you can provide.

We all can help with development! Moving forward we are asking everyone to become a member of our development team. Here is how you can help:

- Talk to your church. Do they have grants or funds available to support non-profits?
- Talk to your civic groups. What kind of community support do they offer?
- Ask at your medical providers if they have a program to support organizations such as the Senior Center that promotes health and well-being or if they are interested in becoming a corporate sponsor.

Bring any information back to the Senior Center and we can follow up with a letter and our non-profit documentation. Donations can also be made online at our website, www.theseniorcenter.org. **REMEMBER—As a 501c3 non-profit organization, all donations are tax deductible!**

The Historic Triangle Senior Center is alive and well and we have much to look forward to. We provide a much needed and utilized service in this community and with the right support structure in place, we will continue to grow and thrive.

Our 2010-2011 Corporate Sponsors

Platinum - \$2500

Morningside Assisted Living
Senior Advocate

Gold - \$1000

Care Advantage
Dominion Village
Law Office of William H. Carmines

Silver - \$500

Brookside Home Health
Chambrel
Consulate Health Care of Williamsburg
Today's Options
Visiting Physicians Associates
Williamsburg Landing

Bronze - \$250

Caring Transitions
Comfort Keepers
Spring Arbor
Verena at the Reserve

New RIDES Transportation Programs

HTSC has received grant funding to extend the RIDES programs. We now offer weekend and holiday medical transportation. In addition, we can pick up seniors from their homes or another location and bring them to the Senior Center for activities. When the activity is over, RIDES will return them home. We can also provide weekend and holiday transportation to social activities for those in wheelchairs. If you or someone you know is interested in utilizing one of these services, please contact the RIDES office at 345-6166.

Yummy Tuna Pomodoro

8 oz whole-wheat spaghetti	2 tbs extra-virgin olive oil
1 tbs minced garlic	1/4 tsp crushed red pepper
1 cup diced tomatoes	1 can chunk light tuna
2 tbs thinly sliced fresh basil	

1. Cook spaghetti according to package directions. Drain.
2. Heat oil over medium-high heat. Add garlic and crushed red peppers and cook about 1 minute. Add tomatoes, reduce heat to medium, and cook, stirring occasionally, for 8 minutes. Stir in tuna until it is incorporated into the sauce and heated through.. Serve sauce on top of spaghetti and garnish with basil.

Time to renew your Membership

Membership at the Senior Center runs from July 1 to June 30 annually so please make sure to renew soon. You can now pay in two installments of \$25 each due in July and January. Your green MySeniorCenter swipe card will remain active until July 30, 2011.

Have something for sale? Need or offering a service? Post your notices on the **Member to Member** board in the Senior Lounge.

**2011-12 Advisory Committee Election
June 1 - 10**

Nominees

Terry Albin
Don Couser
Liz Dye
Betty Fowler
Coralie Hartung
Patsy Magus
Kit Morelli
William Shutt
Blanche Wiener

Election ballots will be available at the receptionist desk in the Senior Lounge.

Upcoming Trips!

June 18—Hollywood Casino in Charles Town

- Leave center at 6:45am and return by 10:30pm
- Includes \$20 play card
- \$62/members, \$70/non-members

July 10—Colonial Downs Racing

- Leave center at 11:30am and return early evening
- Includes lunch in the Jockey Room
- \$35/members, \$42/non-members

August 9—Rappahanock River Cruise and Ingleside Winery

- Leave center at 8:00am and return at 6:00pm
- Includes buffet lunch and winery tour
- \$48/members, \$58/non-members

September 6—Agecroft Hall and Hollywood Cemetery

- Leave center at 9:0am and return by 5:00pm
- Lunch on your own at Picadillys
- \$22/members, \$27.50 for non-members

Sept 30 to Oct 2— Pennsylvania Trip: Gettysburg Tour, Pennsylvania Opry and the National Apple Harvest Festival

- Leave center at 7:00am on the 30th, return by 8:00pm on the 2nd.
- Includes tickets, hotel accommodations at the Country Inn and 5 meals
- \$389 doubles/\$470 singles for members
- \$419 doubles/\$500 singles for non-members

*** DEADLINE TO REGISTER IS SEPTEMBER 1!**

I always COOK with charcoal... the gas comes later.



Want to learn to play the piano?

Beginner piano lessons are being offered by Alex Rotter of Parker Piano Outlet. Tell him you heard about lessons through the Senior Center and we get \$10 from your fee! Call 564-9592.

OPEN CHAT TIME

In the Senior Lounge
OPEN TO ALL SENIORS
Tuesdays and Thursdays
from 1:00 - 3:00

FREE COFFEE
FREE CONVERSATION

Register and pay for trips online!

You can now pay for trips and programs using your credit card when you register online at our website www.theseniorcenter.org. We are using Paypal as our online credit card processor but you do not need a Paypal account to use the service, simply choose "Check-out as a Guest".

LET'S PLAY POKER!

We are considering starting up **Poker for Fun** in the Senior Lounge on Thursday mornings. If you are interested, please register on the sign-up sheet at the receptionist desk. Once we have 4 people signed up, we can start!

Summer Social and Barbecue

Join us on Friday, June 10 from 11:30 until 2:00 for our Summer Social and Barbecue. The event will also serve as the retirement party for June Kasperek, our much loved Activities Planner. Live music entertainment by "Playin' for Fun" and door prizes. \$10 for members, \$12 for non-members.



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Our focus is helping our clients plan for their future. We consistently strive to work with you to implement the best legal foundations possible for your specific situation, allowing you to feel at ease with your family's future.

We focus on estate planning, estate administration and probate, elder law, charitable planning, business planning and wealth preservation.

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Help us, Help you!

Donations to the Center have been significantly down this year. We need your support and the support of your friends and family members. Please consider making a tax-deductable donation to the Center and asking the people you know to donate as well!

You can donate by going to the Center's website or mailing a check to the Center.