

The Senior Times

Volume 14, Issue 2

Spring 2010

Historic Triangle Senior Center Receives National Accreditation

The Historic Triangle Senior Center in Williamsburg was recently accredited by the National Institute of Senior Centers. HTSC is the third senior center in Virginia to be accredited.

HTSC will officially celebrate the accomplishment on April 22, 2010, 5:00-7:00 p.m. at the Verena at the Reserve, 121 Reserve Way at 4300 Mooretown Road. The public is invited.

Center Director Lisa Gibson said completing the year-long process for accreditation has given center staff and board members a real sense of accomplishment.

“Going through the accreditation process gave us the opportunity to look hard at the programs we offer, the services seniors need now, and those they are likely to need in the future, said Gibson. “Also, the process also helped educate the community about the many services the senior center offers. Approximately 40 persons, including staff, board members, and members of

the community, participated in the accreditation process.”

National Institute of Senior Centers Executive Director Constance Todd said the Historic Triangle Senior Center is one of about 100 centers around the country that have completed accreditation.

Persons who wish to attend the accreditation celebration on April 22 should RSVP to 757-259-4181.

Spring Raffle

Tickets \$25 each or 5 for \$100

**First Prize \$500
Second Prize \$300
Third Prize \$100**

Three ways to purchase tickets:

- at the accreditation celebration, April 22
- online at www.theseniorcenter.org
- or by calling 757-259-4181

Drawing to be held at our accreditation celebration on April 22.

Do not have to be present to win.

Senior Center Society July 2009 – March 2010

Diamond \$1,000

**Douglas Panto
William Carmines**

Gold \$500

**Richard Drumwright
Robert Mann**

Silver \$250

**Lewis Edwards
Jonathan Jackson
Jane Liang
Ken Ruszkowski**

Bronze \$100

**Lois Brissey
Sharon Bryson
Lisa Chapin
Judith Ewell
Julian and Maricela Gomez
Robert Kohan
Helen Kopp
Marie Rodrigue
Marion and Bill Watson**

The Historic Triangle Senior Center

Accreditation Celebration

HTSC is Virginia's third nationally accredited senior center!

**Come help us celebrate this achievement
and promote the work of senior centers in Virginia!**

**When: Thursday, April 22, 2009
5:00 p.m. – 7:00 p.m.**

**Where: Verena at the Reserve
121 Reserve Way at 4300 Mooretown Rd
Williamsburg, VA 23185**

Directions: www.veranaatthereserve.com



Free Admission

Fun, Food, and Drink

Silent Auction

**Raffle: Tickets \$25 each or 5 for \$100
1st Prize \$500, 2nd Prize \$300, 3rd Prize \$100**

RSVP 757-259-4181

CALENDAR OF EVENTS

- **SEEDS N WEEDS**
APRIL 8
1:00 PM AT THE CENTER
GUEST: MASTER GARDENER
ART GUSTAFSON
- **ACCREDITATION CELEBRATION**
APRIL 22
VERENA AT THE RESERVE
FREE TO ALL
- **NORFOLK BOTANICAL GARDENS**
MAY 4
LEAVE CENTER AT 9 AM, RETURN BY 4 PM
MEMBERS \$20, NONMEMBERS \$25
- **LANCASTER PENNSYLVANIA**
JUNE 11TH AND 12TH
OVERNIGHT TRIP; SHOWING OF 'JOSEPH'
AND VISIT TO THE GREEN DRAGON
MEMBERS: DOUBLE \$260
NONMEMBERS: Double \$270
SINGLE \$310
- **COLONIAL DOWNS**
JULY 10
INCLUDES DINNER IN JOCKEY ROOM
MEMBERS \$48 NONMEMBERS \$53
- **HARBOR TOUR CRUISE**
AUGUST 5TH
LUNCH ON YOUR OWN AT OYSTER ALLEY
MEMBERS \$25, NONMEMBERS \$30
- **CLEAN COMEDY BY JEANNE ROBERTSON**
SEPTEMBER 9TH
CHARLOTTESVILLE VA
PRICE PENDING

FOR MORE INFORMATION CALL 757-259-4187.

Watch for New Programs Coming to the Senior Center

- Chair Yoga
- Socrates Café
- Wii Fitness

Corporate Sponsors

Platinum

Humana Marketpoint

Gold

Care Advantage, Inc.
Morningside Assisted Living

Silver

Chambrel
Comfort Keepers
Home Instead Senior Care
Mobility Center of Virginia
Riverside Health Systems
Senior Advocate
Susan I. Jean & Associates
Williamsburg Landing

Bronze

Consulate Health Care
of Williamsburg
Family Care Senior Solutions
Patriots Colony
Spring Arbor
Williamsburg Retina Center
Windsor Meade

Historic Triangle Senior Center Board of Directors

Sharon Bryson
William Carmines
Lisa Chapin
Chelsea Degnan
Brian Freer
Ed Golden
Robert Kohan
Robert Mann
Douglas Panto
Robert Pinto
Nancy Rivolta
Robert Woolnough

Weekly Activities

Senior Walk-A-Bout: MWF 8:30 am
Mah Jong: Monday 9:00 am
Bridge: Mon, 12:30-3:00 pm, Friday 9:00 am-3:00 pm
Wii Bowling: Tuesday and Wednesday 9:30 am
Wii Fit: Tuesday 11:00 am
Tai Chi: Tuesday 11:00 am
Table Games: Wednesday 1:00 pm
Line Dancing: Tuesday 10:00 am (Quarterpath)
Sewing Group: Thursday 9:00 am
JOY Singers: weekly events, various times
“Days of Our Lives:” 1st Thursday 1:00 pm
Seeds N Weeds: 2nd Thursday 1:00 pm
Book Club: 3rd Thursday 1:30 pm
Classic Movies: 4th Thursday 1:00 pm
Readers Theater: 3rd Tuesday 1:00 pm
Spanish Classes: Thursday 3:00 pm
Computer Classes: Tuesday (school year)
Arthritis Foundation Exercise Program:
 Level 1: Tuesday and Thursday 11:15 am
 Level 2: Monday and Friday 11:05 am

Historic Triangle Senior Center
5301 Longhill Road
Williamsburg, VA 23188

**Join us for our accreditation
celebration on April 22!**



Details inside on page 2.

Q&A About the Senior Center

Where is the Senior Center? The Senior Center is located in the James City/Williamsburg Community Center at 5301 Longhill Road, Williamsburg. The Center is located behind the elevator to the left as you enter the building. We are open Monday-Friday, 9:00 a.m.-4:00 p.m.

Who attends? Any senior 55 and older who lives in James City County, Williamsburg, or the Bruton District of York may attend.

What is there to do? You name it! Trips, computer classes, sewing group, dances, Maj Jong, bridge, luncheons, and more.

How much does it cost? Membership is \$50 per fiscal year; scholarships are available. There is no cost for most activities. Members receive a discount on programs which charge a fee.

How can I find out more? Call 757-259-4187; go to www.theseniorcenter.org; or stop by the Center M-F 9:00 – 4:00. We would love for you to visit!

BULK RATE
US POSTAGE
PAID
NORGE, VA
23127
PERMIT No. 22