

The Senior Times

Volume 14, Issue 4

Winter 2010

CHANGES HAPPENING AT THE SENIOR CENTER

New Faces in New Places

As many of you already know, Lisa Gibson, our previous Executive Director, left in July. We wish to sincerely thank Lisa for all of her hard work and dedication to the Senior Center and RIDES program.

After Lisa's departure, the Board of Directors decided to make some adjustments to the structure of the staff. Instead of a Executive Director, a Programming Director and a Director of Operations, we are now going to have an Executive Director and a Director of Programming and Development.

We are proud to announce the appointment of Magdalene Staples as the new Executive Director. Magdalene has been with the Center since March 2008. She has served as the Director of Operations and over the past three months she has assumed responsibilities as Executive Director and Program Director. She has a Bachelor of Arts in Psychology, an AAS in Education Technology, and is certified in business management. She has a background in Human Resources, Training and Development and teaching. Prior to her employment with HTSC she worked for the Virginia Employment Commission as a Certified Workforce Development Professional for over three years. We welcome Magdalene in her new position!

In addition to Magdalene's new position, there have also been some changes to the Board of Directors. William Carmines has taken over as President of the Board. William has been on the Board since July of 2009. He is a local attorney who deals with various elder law, estate planning and probate issues. Lisa Chapin has taken over as Vice President. Lisa has also been with the Board since July of 2009. She is the Director of Marketing for Morningside Assisted Living. Marie Ims has taken over as Secretary of the

Join us for a meet and greet!

With all the changes and new faces to the Center staff and the Board of Directors, we thought it would be nice to have an informal meet and greet to offer the members an opportunity to get to know everyone.

The meet and greet will be held on December 6 at noon at the Center. Light drinks and food will be provided.

Board. Marie is a member of the Center and a member of the Advisory Committee. Sarah Gillespie has recently joined the Board of Directors and will serve as the new Treasurer. She has a MBA from the University of Wisconsin and has served as the treasurer for other non-profit organizations Board of Directors. Finally, Olivia Jones has recently joined the Board of Directors. Olivia is currently the Vice President of Operations for Care Advantage, Inc. in Richmond, Virginia and is a skilled healthcare operations executive with 13 years of management experience.

We are very excited about these changes and the new Board Members. However, we are still searching for other new Members. If you know of anyone who might be willing to serve, please let Magdalene know.

Search for New Director of Programming and Development

As mentioned in front page article, the Board of Directors is currently searching for a qualified individual to join the staff as the Director of Programming and Development.

The person filling this new position will be in charge of programming at the Center, will be the liaison between the members and the Board and will also be in charge of public outreach, awareness and fundraising.

This is a new position that we are very excited about. It marks the first time the Center will have someone on staff responsible for fundraising and public outreach and we are confident it will allow us to grow, expand and improve!

Please help us keep your annual membership fees low by swiping your 'MySeniorCenter' card **every time** you visit the center.

In order to receive grants from funders, we must submit statistics about our attendance and types of activities. This information is automatically captured by the incredible "MySeniorCenter" system. The more data we have, the more likely we are to receive grants which will keep the membership fee low!

So..... SWIPE THAT CARD!!!!!!



Our recent trip to the mountains of West Virginia.

Corporate Sponsors

Platinum - \$2,500

**Morningside
Senior Advocate**

Gold - \$1,000

**Dominion Village
Law Offices of William H. Carmines
Sentara**

Silver - \$500

**Brookside Home Health
Chambrel
Consulate Health Care of Williamsburg
Today's Options
Visiting Physicians
Williamsburg Landing**

Bronze - \$250

**Comfort Keepers
Riverside Lifelong Health & Aging
Patriots Colony
Spring Arbor of Williamsburg
Verena at the Reserve**

Senior Center Society April 2010 –March 2010

Platinum: \$5,000 +
None

Diamond: \$1,000 - \$2,499
William Carmines

Gold: \$500 - \$999
None

Silver: \$250 - \$499
Emily Walker

Bronze: \$100 - \$249
Janice Arndt
Don Couser

Wayne E. Dawson
Jean Fass
Earnest Graves
J.C. Sanwal

CALENDAR OF EVENTS

Thursday, November 4, Christmas Shopping Trip to Short Pump leaving at 9:00 a.m. This trip was so popular, we decided to do it again! We will leave at 9 a.m. to head to Short Pump in Richmond. We will return at 4 p.m. Cost is \$15 for members and \$20 for non-members.

Monday, December 6, Annual Dinner at the Golden Corral and trip to see Holiday lights in Newport News, leaving at 4:45 p.m. We will be leaving the Center to go to dinner then we will travel down to Newport News to see the Holiday lights. Cost is \$16.50 for members and \$20.50 for non-members.

Friday, December 10, Dinner Dance, starting at 4:30 p.m. to 8 p.m. Join us a night of music and entertainment for your listening and dancing pleasure. Cost is \$10 for members and \$12 for non-members.

Tuesday, December 14, Advisory Committee Meeting, 2 p.m. in Room D. Any members are welcome to attend the Advisory Committee Meeting to offer their input, suggestions or ask questions.

Upcoming 2011 Events:

Thursday, January 6, Museum of Fine Arts and the Holocaust Museum in Richmond.

Saturday, February 12, Williamsburg Playhouse for matinee of "42nd Street"

March 5-7, Philadelphia Flower Show

For more information on any of these events, please call 259-4187 or 564-6342.

From the Gazette's Last Word:

What has happened to the wonderful, vibrant Historic Triangle Senior Center on Longhill Road? It used to be a place where seniors could go to see old friends and meet new ones, or to sit and relax and maybe look at a book or magazine or have a cup of coffee. Now it is practically deserted. The Senior Sewers have left, as have the Joy Singers. A senior citizen now cannot go in without paying a \$50 fee. Where did all this come from? The Senior Center of York does not charge a fee. Could someone do something to bring back our wonderful Senior Center?"

The Board's Response:

There are several significant differences between the Historic Triangle Senior Center and the York County Senior Center. The most important one being that the York County Senior Center is operated and run by York County. The Historic Triangle Senior Center is a non-profit organization. It is not run or operated by James City County, the City of Williamsburg or York County. The Historic Triangle Senior Center has to raise its own money to operate, with some contributions coming from James City County, the City of Williamsburg and York County. As many folks know, most non—profit groups have had to come up with creative ways to raise money in this current economy. Due to cuts from our funders and lower than expected donations, the Historic Triangle Senior Center imposed a membership fee to sustain its programs and grow with the needs of the community. The membership fee is less than .90 cents a week. The Center is still a wonderful, vibrant place for seniors to come to socialize and participate in a program or activity. Non-members are welcome to visit the Center and participate in a program or activity two times for free. After the second time, we ask that the person becomes a member in order to help with the costs for the activities and programs the Center provides and the changing needs of its members. We always appreciate constructive criticism and helpful suggestions, but we are confident that the Historic Triangle Senior Center is growing and is active as ever. Just ask our many members, wonderful volunteers and dedicated staff.

Weekly Activities

Senior Walk-A-Bout: MWF 8:30 am

Mah Jong: Monday 9:00 am

**Bridge: Mon, 12:30-3:00 pm; Friday 9:00-11:30 am
and 1:00-3:30 pm**

Wii Bowling: Tuesday and Wednesday 9:30 am

Wii Fit: Tuesday 11:00 am

Wii Chair Yoga: Wednesday at 11:00 am

Table Games: Wednesday 12:30 pm

Bingo: Wednesday at 2:00pm

Line Dancing: Tuesday 10:00 am (Quarterpath)

Sewing Group: Thursday 9:00 am

"Days of Our Lives:" 1st Thursday 1:00 pm

Book Club: 3rd Thursday 1:30 pm

Classic Movies: 4th Thursday 1:00 pm

Readers Theater: 3rd Tuesday 1:00 pm

Arthritis Foundation Exercise Program:

Level 1: Tuesday and Thursday 11:15 am

Level 2: Monday and Friday 11:05 am

Q&A About the Senior Center

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Where is the Senior Center? The Senior Center is located in the James City/Williamsburg Community Center at 5301 Longhill Road, Williamsburg. The Center is located behind the elevator to the left as you enter the building. We are open Monday-Friday, 9:00 a.m.-4:00 p.m.

Who is eligible to attend? Seniors 55 and older who live in James City County, Williamsburg, or the Bruton District of York may attend.

What is there to do? You name it! Trips, computer classes, sewing group, dances, Maj Jong, bridge, luncheons, and more.

How much does it cost? Membership is \$50 per fiscal year; scholarships are available. There is no cost for most activities. Members receive a discount on programs which charge a fee.

How can I find out more? Call (757) 259-4187; go to www.theseniorcenter.org; or stop by the Center M-F 9:00 – 4:00. We would love for you to visit!

**Historic Triangle Senior Center
5301 Longhill Road
Williamsburg, VA 23188**

ADDRESS CORRECTION REQUESTED

BULK RATE
US POSTAGE
PAID
NORGE, VA
23127
PERMIT No. 22

Help us, Help you!

Donations to the Center have been significantly down since July. We need your support and the support of your friends and family members. Please consider making a donation to the Center and asking the people you know to donate as well!

You can donate by going to the Center's website or mailing a check to the Center. You can also donate by leaving a provision in your Last Will and Testament or Revocable Living Trust.