

The Senior Times

Volume 14, Issue 3

Summer 2010

Community Celebrates National Accreditation of the Senior Center



Left: David Williams, Vice Chairman of the National Institute of Senior Centers; Douglas Panto, Chairman of the HTSC Board of Directors; Lisa Gibson, Executive Director; and Nelia Heide, Chairman of the Accreditation Committee.

A celebration of the Historic Triangle Senior Center's recent accreditation was held on April 22 at the Verena at the Reserve. Over 100 people attended the event.

David Williams, Vice Chairman of the National Institute of Senior Centers, presented the accreditation award.

"Accreditation is unique to the senior center field and demonstrates outstanding leadership and commitment to quality programs and services to older adults," said Williams. "The Historic Triangle Senior Center is to be commended for its vision, collaborative relationships, outreach to the community, and wide range of health and fitness programs."

The celebration included a silent auction and raffle which raised about \$2,000 for the Senior Center. The Center also recognized its corporate sponsors and volunteers at the event.

Williamsburg joins Charlottesville and Arlington as the three cities in Virginia with accredited senior centers. Of the 15,000 centers in America, only about 200 are accredited by the National Institute of Senior Centers.

**Our raffle winners
were announced at the
accreditation celebration.**

Congratulations to our winners!

**First Prize \$500
Wayne Dawson**

**Second Prize \$300
Stephanie Smith**

**Third Prize \$100
Blanche Weiner**

**Thank you to all who
purchased raffle tickets!**

Search for New Program Director

Chuck McHose, HTSC Program Director, has decided to return to the ministry.

Chuck served as the Program Director at the Senior Center for two years. He started many new programs including the 'JOY' Singers, "Days of Our Lives," and Readers' Theater. He did an exceptional job and will be missed by all!

A search for a new program director is currently underway.

**From Bob Woolnough:
Chairperson of the HTSC Members
Advisory Committee**

What is the Historic Triangle Senior Center
Members Advisory Committee?

The Advisory Committee is a group of nine
seniors who are members of the Historic
Triangle Senior Center. The Committee was
formed to open better lines of
communication between the membership
and the Board of Directors /Executive
Director.

Your signed comments, concerns, and
suggestions may be sent to me by email at
scadvcom@cox.net, left with the
receptionists in the Center, or presented in
person at the Advisory Committee meeting.

The Members Advisory Committee meets
every second Tuesday of the month at 2:00
p.m. in Room D (next to the Senior Center)
in the Williamsburg/James City County
Community Center.

We look forward to hearing from you!

Sincerely,
Bob Woolnough
Chairperson

P.S. I will be holding a meeting to discuss
the FY 11 budget and membership dues on
June 15th at 2:00 pm in Conference Room C.
All members are invited. Call (757) 259-
4193 for more information.

Please help us keep your annual
membership fees low by swiping your
'MySeniorCenter' card **every time** you visit
the center.

In order to receive grants from funders, we
must submit statistics about our attendance
and types of activities. This information is
automatically captured by the incredible
"MySeniorCenter" system. The more data
we have, the more likely we are to receive
grants which will keep the membership fee
low!

So..... SWIPE THAT CARD!!!!!!

**Membership dues for FY 11 are
\$50.** The cost is less than \$1/week!!

Please pay your dues by 07/15/10.

Financial assistance is available. Please
pick up a scholarship request form at the
receptionists' desk or call (757) 259-4193.

**Senior Center Society
July 2009 –March 2010**

Diamond

William Carmines

Gold

**Richard Drumwright
Robert Mann**

Silver

**Lewis Edwards
Jonathan Jackson
Jane Liang
Ken Ruszkowski**

Bronze

**Lois Brissey
Sharon Bryson
Lisa Chapin
Wayne E. Dawson
Judith Ewell
Lisa Gibson
Julian and Maricela Gomez
Robert Kohan
Helen Kopp
Adele Oberhelman
Marie Rodrigue
J.C. Sanwal
Mary Lynn Tuttle
Marion and Bill Watson
Sylvia West
Jenny Wible**

**June 15th 2:00 pm
Conference Room C
JCC/Wmbg Community Center
5301 Longhill Road, Williamsburg**

Meeting about the FY 11 Budget/Dues.
All members are invited.

CALENDAR OF EVENTS

Thursday, June 10, “Seeds & Weeds” at 1:00 p.m. We will have MORE RAIN BARRELS for sale plus a speaker of interest. Price of the rain barrels is \$45. Receive a \$25 rebate if you pay your bill to JCC Water Authority. Come see the new planters too!!

Friday & Saturday, June 11 & 12, an overnight trip to Lancaster, Pennsylvania for the showing of “Joseph,” a visit to the Green Dragon, and much more. More information can be obtained through flyers at the desk. Cost is \$260 for members, double occupancy, \$270 non members. Single rates are \$310.

Friday, June 25, 11:30 – 2:00, Summer Social! Join us for delicious food and entertainment. Cost is \$10 members and \$12 non members. Sign up now.

Saturday, July 10, trip to the races at Colonial Downs. Price is \$48 for members, \$53 for non members. We will have a sit down dinner of chicken or salmon, your choice, in the Jockey Room. We leave the Center at 11 am. There are a few dress restrictions. See the receptionist for more information.

Thursday, August 5, a Harbor Tour Cruise is planned with lunch on your own on the terrace (weather permitting) at Oyster Alley. \$25 for members and \$30 for non members.

Thursday, September 9, Virginia Beach Aquarium, leaving the Center at 8:30 am, returning around 6 pm. Cost is \$35 for members, \$40 non members. Lunch is on your own. Price includes admission, Imax Theatre, and a 30 minute boat ride.

Fall Social, September 17, 11:30 – 2:00. More information to be announced.

Corporate Sponsors

Platinum

Humana

Gold

Chambrel

Law Offices of

**William H. Carmines, LLC
Morningside Assisted Living**

Silver

Chambrel

Comfort Keepers

**Home Instead Senior Care
Mobility Center of Virginia**

Riverside Health Systems

Senior Advocate

**Susan I. Jean & Associates
Williamsburg Landing**

Bronze

**Consulate Health Care
of Williamsburg**

Family Care Solutions

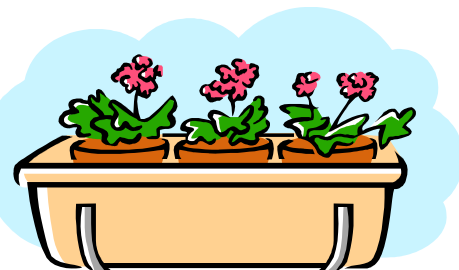
Patriots Colony

Spring Arbor

Williamsburg Retina Center

WindsorMeade

Rain barrels and planters are available for sale at the Senior Center. Rain barrels are \$45 and planters are \$18. Proceeds benefit the Senior Center! Call 259-4187.



Weekly Activities

Senior Walk-A-Bout: MWF 8:30 am

Mah Jong: Monday 9:00 am

**Bridge: Mon, 12:30-3:00 pm; Friday 9:00-11:30 am
and 1:00-3:30 pm**

Wii Bowling: Tuesday and Wednesday 9:30 am

Wii Fit: Tuesday 11:00 am

Tai Chi: Tuesday 11:00 am

Table Games: Wednesday 1:00 pm

Line Dancing: Tuesday 10:00 am (Quarterpath)

Sewing Group: Thursday 9:00 am

JOY Singers: weekly events, various times

“Days of Our Lives” 1st Thursday 1:00 pm

Seeds N Weeds: 2nd Thursday 1:00 pm

Book Club: 3rd Thursday 1:30 pm

Classic Movies: 4th Thursday 1:00 pm

Readers Theater: 3rd Tuesday 1:00 pm

Spanish Classes: Thursday 3:00 pm (school year)

Computer Classes: Tuesday (school year)

Arthritis Foundation Exercise Program:

Level 1: Tuesday and Thursday 11:15 am

Level 2: Monday and Friday 11:05 am

**Historic Triangle Senior Center
5301 Longhill Road
Williamsburg, VA 23188**

ADDRESS CORRECTION REQUESTED

Q&A About the Senior Center

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Where is the Senior Center? The Senior Center is located in the James City/Williamsburg Community Center at 5301 Longhill Road, Williamsburg. The Center is located behind the elevator to the left as you enter the building. We are open Monday-Friday, 9:00 a.m.-4:00 p.m.

Who is eligible to attend? Seniors 55 and older who live in James City County, Williamsburg, or the Bruton District of York may attend.

What is there to do? You name it! Trips, computer classes, sewing group, dances, Maj Jong, bridge, luncheons, and more.

How much does it cost? Membership is \$50 per fiscal year; scholarships are available. There is no cost for most activities. Members receive a discount on programs which charge a fee.

How can I find out more? Call (757) 259-4187; go to www.theseniorcenter.org; or stop by the Center M-F 9:00 – 4:00. We would love for you to visit!

BULK RATE
US POSTAGE
PAID
NORGE, VA
23127
PERMIT No. 22

**Mark your calendars!
Annual Senior Health Fair
October 29, 2010
8:30 am – noon**

